This fly is a combination of some techniques developed by Anthony Hipps and John Gulley. I have always wanted to have a fly that emulated the Zara Spook. John developed a fly called the lil spook and built it around some double sticky sided foam tape. Anthony developed his popper by building up foam and painting them. I have used the two techniques together and applied a jig hook. The jig hook places the eye of the hook at a position similar to that of the Zara Spook which gives it a bit of the walk the dog feature. This has turned out to be one fish catching fly. Works great for Black Bass and would probably do well for some saltwater fish.

**Materials**

- **Hook**: Mustad 410 jig hook or bend a hook to suit you
- **Tail**: Marabou color to match the approach. Rabbit, Saddle hackle or rubber spinnerbait hackle also work
- **Thread**: Any color 8/0 or will also work. It’s a bass fly.
- **Body**: 2mm fun foam and double sided sticky tape. Available at Wal Mart
- **Body Cover**: Estaz or crystal flash. Pick your favorite color. Chartreuse is good.
- **Eyes**: Doll eyes
- **Body Color**: Permanent Marker. Prismacolor works from Hobby Lobby

**Tying Steps**
Step 1
Attach the marabou tail. About the length of the hook is good. If this is to be a frog pattern you might want to put a weed guard on before attaching the tail. Also the frog would use splayed out saddle hackle.

Step 2
Cut a piece of 2mm fun foam. The kind with a sticky side helps some. Cut it so it will just wrap around the hook shank. About ½ inch wide seems to work. It should go from the hook bend to just short of the point where the jig hook bends down. Secure it with the tying thread but don’t pull hard on it. This foam is to provide more of the flotation portion of the fly.

Step 3
Now cut a section of the double sticky sided foam. This should be about the same length as the fun foam. Cut it to cover the fun foam. Put it on and tie it down on the ends to begin shaping the fly. Make sure to not pull too tight in the center section. This stuff will squeeze up tight and take away all of the flotation benefits.
Step 4
Attach the Estaz or Crystal flash at this point. It could also be attached earlier or later. I just happen to use this point.

Step 5
Now cut another section of the double sticky sided foam. This time make it smaller than the layers already on. This builds the body up and again adds to the shaping you may be looking for. Again don’t tighten it so much that it will flatten it except where you want to shape the body.

Step 6
Now wrap the Estaz forward and tie it down. The sticky tape does a great job of holding the Estaz in place. I stroke it back as I lay each wrap. A bit like putting on a rabbit strip.
Step 7
Attach the eyes with goop. You can use plenty here. Make sure the goop gets down to the tape so there is a solid connection. You don’t just want it attached to the Estaz.

Step 8
Finally apply the coloring. I have made my frogs green with black spots. Looks pretty good.

The Estaz acts a bit like deer hair in that it holds some air. You can use short or long Estaz depending on what look you want to attain.

The fly typically sits a bit down in the tail. When the floating line is stripped because of the location of the hook eye the fly tends to come out of the water much like a shad would if being chased by a bass. Of course the frog has a similar action. I have had them come from the depths to get at this guy.

Editors Notes: This months article was submitted by William Heugel. Share your unique fly with by sending it to Kit Seaton at flyofthemonth@fedflyfishers.org.

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