Keeping in Touch

Mike Moskal

Okay, fair warning. This is going to be a nerdy article. It is not about fly fishing, per se but about computers and email and calendars and ... wait, don’t go just yet! I’ll try to keep it interesting. It’s just that I’ve been working with the club website for a few years now and one of the items we’ve tried to address is keeping our members in the loop with what is coming up and when. There have been a few really neat things we’ve put in place when it comes to keeping in touch, and I wanted to take some time to tell everyone about it.

Calendar:
The first thing I would like to talk about is the club’s calendar. We use a Google calendar to store all of our events. You can see this calendar on the website in either the calendar or the upcoming events section, but what is great is you can also subscribe to this calendar directly. Why would you do this? Let’s say you use outlook, or have an iPhone or Android smartphone. In all of these cases, you have a calendar and you may use it to organize your life. If you go to the website, on both the events and the calendar pages, there is a link that says “subscribe to this calendar.”

If you click on this with your phone, for example, it will ask you if you want to subscribe to this calendar.

Simply click “subscribe” and your phone will add a midsouthflyfishers@gmail.com calendar to your phone. This calendar should stay up to date with all club events automatically.

How the calendar looks from my iPad

The nice thing is, this will be a separate calendar

This Month’s Speakers: Gary & Wanda Taylor

Folks, this should be a real treat. Fly fishing legends Gary and Wanda Taylor are conservationists, teachers, guides and Master Certified Casting Instructors. They have been featured prominently in numerous magazine articles and are advisors to several equipment manufacturers. They are going to speak to us on fly fishing their home waters of North Georgia. This is surely one you do not want to miss.

We have moved meeting locations. We NOW meet at Stone Bridge Country Club, 3049 Davies Plantation Road in Lakeland, Tennessee. Buffet dinners are now $20 per person. Kids under 16 are half price. Cocktails at 6 p.m., dinner at 7 p.m. and program at 8 p.m.

which you can delete or hide if you do not want to see it.

If you try this trick with windows (using outlook) and click the link with your web browser (I.E., Chrome, etc), you will probably get a prompt letting you know that another application needs to launch to complete this. This is a security check, and the prompt will look different depending on what you are using, but essentially just say “allow” and outlook will open and add the club’s calendar.

Facebook:
We routinely post updates on the website, usually when we have updated club news or

continued on page 2
Hello everybody,

By the time you are reading this it will almost be time to reopen the State Park area near Bull Shoals Dam. You remember the area is closed to fishing from Nov. 1 until Feb. 1 to allow for the brown trout spawn. If you choose to fish the area right after the reopening, I urge you to use caution to avoid any possible redds that are in the area. The fish that you save is the future of our sport, so please pay attention.

We are going to have a great meeting on the 4th with Gary and Wanda Taylor speaking about fly fishing in Georgia.

We also have fly tying coming up on the 10th at Bass Pro Shops. We also have our Intro to Fly Fishing classes coming up in March on the 1st at Hope Presbyterian Church on Walnut Grove. This will be followed up on the 8th at Spring River at Lassiter’s and on the 15th we will be fishing for Bass and Bluegill at Collins’ Lake.

March 20th · 22nd will be the Sowbug Roundup at Mountain Home at the Fairgrounds. This is an inviting only fly tyers gathering put on by the North Arkansas Fly Fishers. The public can attend to watch the event. Fly tyers from around the world come in and tie beautiful and complex patterns. We have several from the Mid-South that tie during the event.

If you’ve never attended the event I would encourage you to go because you are going to see things that will amaze you. Plus there is an excellent fishery or two in the area.

Chris Allen, President
Mid-South Fly Fishers

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**Future Speakers and Events**

March 4: Susan Thrasher: Susan is a FFF Certified casting instructor and regularly guides out of Lancaster, TN. She specializes in teaching women the art of fly fishing and is a founding member of the Music City Fly Girls. She will be talking to us about fishing the Caney Fork River in Nashville.

April 1: Ben Levin: Ben’s been working with Duane Hada and guiding our waters for many years now. He is a master of catching Ozark smallmouth, huge brown trout and everything in between. He is also a great teacher, regularly fronting many of the classes offered by Dally’s Ozark Fly Fisher.

May 6: Rick Hafele: Rick has written more books and been in more videos than I can count. “Anatomy of a Trout Stream” should be required viewing for anyone wishing to learn how to read the water. He has written several books on Entomology including “Nymph Fishing Rivers and Streams,” “The Complete Book of Western Hatches,” An Angler’s Guide to Aquatic Insects and their Imitations,” as well as videos such as “Nymph Fishing Basics,” and “Advanced Tactics or Emergers and Dries.”

June 3: Skip Morris: Skip and his wife Carol have been a husband and wife fly fishing team teaching anglers for over 20 years. Author of many books, Skip’s “Fly Tying Made Clear and Simple” has been the starting point for many aspiring fly tiers. Skip is the originator of many commonplace fly fishing patterns, including my personal go to warm water pattern, the Predator.

**BONUS SEMINAR:** June 7th: Skip and Carol have dedicated their lives to teaching fly fishing. Such that when talking with Skip, he felt it would be a great idea to devote a whole day to instruction. After speaking with the club, Skip and Carol volunteered to stay in town until Saturday and do a day dedicated to instruction on a variety of topics. We are currently going through his list of presentations and sessions, and it’s all there: tactics like nymphing and dry flies, fly tying, and of course spinning deer hair (he is a master of the deer hair bass bug). We are like kids in the candy store trying to narrow them down. We will be selling tickets to this bonus class closer to the event, but look for more information coming soon. Definitely put this one on your calendar, you will not regret it.

July 7: Mark Crawford: Spring River guide, trout bum, friend of the club, and overall nice guy. Mark’s talks have always been popular. Come on by and catch up with Mark. He’ll discuss tactics and places to fish on the spring.
When I got up this morning it was one degree and there were lake wind advisories for the fifteen to twenty five mile an hour winds coming from the Northwest. This made the wind chill drop down to minus eighteen. The predicted high for the day was seven degrees. To make the conditions a bit more interesting there was an inch layer of snow and ice covering everything in sight. It was the worst winter conditions that I can remember.

Though the road in front of my house had been snow plowed, the street was still slick with a solid glaze of ice. Luckily, there were no clients expecting pick up at 7:30 AM.

Though I have written about fishing in cold weather, this was something else and represented truly dangerous conditions. The possibility of hypothermia is a very real concern. This is a lowering of the core body temperature and could result in death. Early symptoms are confusion and fatigue which can make things worse. The best way to avoid it is to dress properly to maintain core body temperature.

Another problem is frostbite. This is when body tissue freezes. It normally happens on exposed extremities and could result in amputation of the affected body part. The first signs are redness or pain in the affected area. The best way to avoid it is to dress properly and take special care to observe exposed skin. The best way to survive comfortably under these conditions is to stay inside. Take a seat near the fire and tie a few flies. If you must go outside and go fishing you need to consider just how can you wear enough clothing to keep you warm under these conditions?

The secret is to dress in layers. Next to the skin you should wear a wicking layer that would wick moisture away from the body. Though polypropylene has been the fabric of choice for the past couple of decades, merino wool is the up and coming fabric. Merino overcomes some of the problems usually associated with wool. It is itch free and can be washed at home in a washing machine. It wicks well, is odor free and maintains up to sixty percent of its insulating ability when wet. Many of the top outdoor gear manufacturers such as Orvis, Simms and Patagonia are now offering merino wool base layers. I choose merino for my base layer when the temperature drops below freezing.

The insulating layer or layers comes next. Fleece is always a good choice but wool is coming on strong. My absolute favorite layer for this type of weather is a classic Irish Fisherman’s sweater. I have several wool sweaters in various weights and try to match their weight to the temperature. Pendleton wool shirts are also well suited to layering. For my lower torso I choose a pair of fleece lined blue jeans or a pair of heavy wool pants. Down is a great insulator but can lose its insulating ability when wet. I regularly wear a down jacket or vest and take care to keep them dry.

The outer layer is the shell which should be wind and waterproof. The best ones should also breathe to prevent the buildup of moisture. For this I prefer Gore-Tex or waxed cotton. Gore-Tex is very water proof and generally much lighter while waxed cotton is generally more durable and can be easily re proofed, which can extend its life indefinitely.

The feet require protection. I like heavy wool socks coupled with polypropylene liners although heavy polypropylene socks work well. If you wear more than one layer of socks, make sure that your foot wear is loose enough to wiggle your toes. Footwear that is too tight will make you colder.

Gloves are important to keep your hands warm. If it is above freezing, I wear wool fingerless gloves. When it is below freezing, I wear windproof polypropylene fingerless gloves with pullover mittens attached. Hand warmer pockets on your shell layer are a must. Put a disposable chemical hand warmer in each hand warmer pocket for extra warmth (the hand warmers designed for your feet are larger and put out more heat).

Don’t forget a good hat. An easy solution is a wool knit cap. I prefer a billed fleece hat with earflaps to keep my ears warm and a waterproof shell to protect me from wind and snow. A hood on your shell is also a good idea. A wool or polypropylene scarf is great to keep your neck and face warm. Buff makes a neck gaiter from merino wool that works well for this purpose.

In addition to dressing properly, there are some basic strategies to stay comfortable when fishing in this kind of weather. Wading will be much warmer than fishing from a boat. There is nowhere to hide from the wind in a boat. In our tailwaters, the water temperature is constant year round is often much warmer than the air temperature. I have fished many times when the best way to warm up was to wade deeper. You can also escape the effects of a lot of the heavy wind in this manner.

Consider starting a warming fire streamside. Sometimes you just have to warm up. I always carry a spare lighter with me. There have been several days, when stopping for a few minutes to warm up by a fire, have made the difference between continuing fishing for a few more hours and going home. A thermos of hot coffee or cocoa is always a good idea. Avoid alcohol as it dilates the blood vessels. While it makes you feel warmer, it robs warmth from the body core and can make you susceptible to hypothermia.

If you choose to go fishing in weather like this, you will have it to yourself. Be sure and dress properly and stay warm. Above all else, stay safe.

John Berry is a fly fishing guide in Cotter, Arkansas. John can be reached at (870) 435-2169 or http://www.berrybrothersguides.com.
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